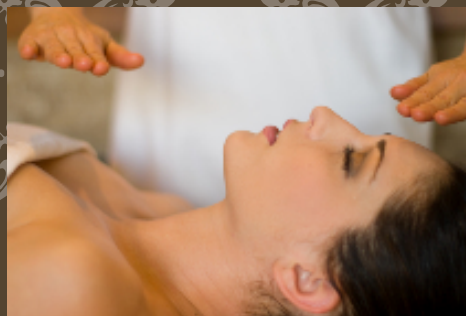


# Reiki



At Soothe Your Soul, Reiki is taught at three levels: First Degree, Second Degree and Master level. Second Degree is seen as “practitioner” level and most people will take the first two courses, leaving a few months in between.

Reiki works for everyone, so you don’t need any special qualities; you do not even need to believe in Reiki...it will still work for you.

**First Degree Reiki** increases healing energy in your life, enhances personal growth and qualifies you as a Reiki Practitioner.

The following is part of Reiki I.

- the history of Reiki and where Reiki is today
- you'll learn about current research on energy work and the theory of how it works
- you'll learn to do a Reiki self-treatment
- you'll be taught to do a Reiki treatment on others and have hands-on experience in class
- you'll experience a guided meditation and be attuned to Reiki I
- you'll learn the symbol for physical healing and protection
- you'll be guided on how to apply Reiki in your everyday life
- information about the chakras will be taught
- a 21 day chakra cleanse will be activated
- and you'll receive a Reiki I manual to take home with you.

Course fee: \$175.

**Second Degree Reiki** takes you further into self-discovery and gives you more powerful tools for healing.

The following is part of Reiki II:

- you'll experience a guided meditation and be attuned to Reiki II
- a further opening of the energy centers in your palms
- learning about how to tap into intuition which is naturally increased by the Reiki II attunement
- an increased receptivity to life force energy or "Ki"
- you'll learn healing symbols for emotional, mental & long-distance healing
- you'll learn and practice long-distance healing in class (please get permission to send Reiki to a friend/family member)
- review of Reiki self-treatment with affirmations
- activates another 21 day chakra cleanse
- and you'll receive a Reiki II manual to take home with you.

Course fee: \$175.



**Reiki Master Training** attunes you to the Master Symbol and activates the highest level of Reiki. The following is part of Reiki Masters:

- you'll experience a guided meditation and be attuned to the Master level of Reiki
- completely opens you to full level of Reiki energy
- consciously aligns you to your higher-self allowing for more guidance
- you'll learn the Master symbol, the Reiki symbol for spiritual healing.
- you'll learn an advanced technique for clearing energy
- you'll get a chance to receive and practice an energy clearing
- starts the 21 day chakra cleansing cycle
- and you'll receive a Reiki Master's manual to take home with you.

Course fee: \$225.

**Reiki Teacher Training** attunes you to pass all levels of the Reiki attunements and teach all classes. My goal is to help you discover your unique style of teaching Reiki so that your gifts and your authenticity shine through. You'll also learn how to market yourself as a Reiki Teacher. You'll receive a Reiki Teachers Manual to take home with you and you are also invited to re-attend all my Reiki classes at no cost if you took Reiki I, II and Masters with me previously otherwise the regular course fees apply.

Course fee: \$295.

Re-Taking a Level of Reiki with Me: If you have taken a level with me in the past and wish to re-take it the cost is \$75. If you took a course with another teacher then the regular rates apply. I offer all levels of Reiki in one weekend, however if possible I recommend taking the Reiki classes over time. Some out-of-state students find taking the full intensive ideal because they are flying in from out of-state. Others feel called to take the entire weekend. If you have any doubts or if you have the time, I recommend spreading out the classes.

Course Fees:

Taking One Level of Reiki

Reiki I - \$175

Reiki II - \$175

Masters Training - \$225.

Teachers Training - \$295\*

(the teacher's course is offered one-on-one for the same rate)

Taking Multiple Levels

Reiki I & II—\$350

Master & Teacher—\$495

Reiki I, II & Master—\$495

All levels in 1 session (I thru Teacher)\$675

Tuition discounts: Bring a friend and get \$30 off your total tuition!